



SOLAR THERAPIES ©

SUN-EARTH BREATHING

« Pearls of Life »

"Everything above is below ..." Hermès told us. There is a subtle universal life energy between Heaven and Earth which, through the free and infinite particles of Light, "Pearls of Life", are capable of nourishing the Being on all blueprints. This primordial food, sparks of Life, feed the Living. The physical body can therefore draw from it at will. The Solar Star is at the origin of all Life, of Creation. This Sun is the most powerful Cosmic Source, and it is connected to a much more intense Central Sun, a form of concentration of "divine" rays.

Our planet and all living Beings are recharged by Solar energy. In the atmosphere, the sun's ultraviolet rays are absorbed by molecules in the air, producing ions, electromagnetic molecules. The energy of living things is mainly transported by electrons and the earth nourishes and heals us electromagnetically.

Here is the breath that was transmitted to me for the Good of All, at all times:

Lying or sitting, hands on the Heart (solar plexus chakra), eyes open or closed:

- Inhale subtly the sparks of the Sun rays in the Heart...

- Exhale gently through the body of Water molecules that You Are, to give back to the Source of the Earth with Gratitude ...

Continue until you feel completely "recharged".

It is obvious that this breathing is much more powerful in Nature.

Transmitted by Dragons, Beings of Wisdom and Intercessors of the Worlds

Dominique Allaire - May 2020 ©

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Lighting-up, Blossoming Coaching

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*These therapies do not replace any medical treatment,
they support everyone on a holistic level.*

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